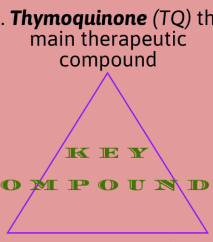
What Is Black Seed Oil About?

"A Remedy For Every Illness Except Death"

19 Nutritional & Natural Compounds Found In Black Seed



1. ***Thymoquinone*** *(TQ)* the main therapeutic compound
2. ***Thymohydroquinone*** (THQ)
3. **Thymol**

4. **26 Fatty Acids** *(essential for brain & nerve function)*
5. **Production of Prostaglandin E1** *(helps in inflammation & immune function)*
6. **Nigellon** *(supports respiratory system)*
7. **Beta-Sisterol** *(helps lower cholesterol)*
8. **Saponin Melathin** *(anti-parasite)*
9. **Vitamin B1** *(essential for normal growth & development)*
10. **Vitamin B2** *(vital role in giving you energy)*
11. **Vitamin B3** *(helps break down fats & protein)*
12. **B-Carotene** *(converts into Vitamin A)*
13. **Selenium** *(antioxidant, anti-viral & anti-bacterial properties)*
14. **L-Arginine** *(helps blood flow)*
15. **15 Amino Acids** *(including ALL 9 essential amino acids)*
16. **Calcium** *(for bone, teeth & muscles)*
17. **Iron** *(used in production in red blood cells)*
18. **Sodium** *(maintains fluid balance, nerve & muscle function)*
19. **Potassium** *(crucial for heart function)*

By Teresa M
Blending Herbal Tea

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